

2024-2025 TTC Catalog

CUL 186 Mediterranean Cuisine

Lec: 2.0 Lab: 3.0 Credit: 3.0

This course is the study of the cuisine of the Mediterranean and the Mediterranean Dietary Pyramid, including Spain, France, Italy, Middle East and North Africa. Emphasis is on the culture, cooking methods, food products and beverages of the various countries.

Prerequisite

CUL 118

Course Offered

Fall

Grade Type

Letter Grade

Division

Culinary Institute of Charleston